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Integration of 3D Medical Image Reconstruction and Virtual Reality for Enhancing Nursing Experimental Education

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Abstract

The combination of a three-dimensional (3D) reconstruction of medical images and the use of a virtual reality (VR) technology renders a revolutionary promise to the field of nursing experimental teaching. The method will benefit students as it will help improve their spatial understanding when working with anatomical procedures and will support the engagement in the immersive learning experience and the transition between theoretical knowledge and clinical work. VR with the use of 3D models enables nursing students to perform risk-free and realistic training and make them vulnerable to analyzing clinical decisions, practice procedures, and create confidence. In this paper, the pedagogical advantages, the technical aspect of introducing 3D reconstruction and VR to nursing curriculums, and their educational outcomes will be discussed as they apply to the development of competent and practice-ready nursing professionals.

Keywords: 3D medical image reconstruction, virtual reality, nursing education, experimental teaching, immersive learning, clinical simulation, anatomical visualization, medical training, nursing pedagogy, educational technology.

1.Introduction

This modern healthcare educational environment has been significantly changed by incorporating the enhanced computational technologies, especially in the spheres of the three-dimensional medical image reconstruction and use of the virtual reality applications. Since the healthcare provision grows highly technological and demanding, nursing education will have to change to accommodate the students in advanced clinical settings where digital literacy and spatial awareness are the most critical. The intersection of medical imaging technology with the scope of immersive virtual reality platforms comes as an emerging innovative solution to nursing education as the unprecedented chances of three-dimensional practice-oriented learning are delivered previously, closed in the gap between theoretical and practical knowledge. The conventional methods of nursing training including dead bodies, two-dimensional drawing of anatomy, and minimal amount of clinical experience have been traditionally used to transfer the components of complicated physiological mechanisms and doing procedures. Nevertheless, these traditional approaches in most cases are not able to bestow the vigor and invitation that are important in offering students the interactive and lively experiences as needed to equip them with a full understanding of threedimensional relationships in anatomy, pathophysiological phenomena and space intrigue in healthcare delivery. Educational limitations to overcome will be the integration of three-dimensional medical image reconstruction material with the technology of virtual reality, giving students the opportunity to explore, manipulate and interact with patient-specific anatomically accurate models based solely on actual medical imaging data(1). The technological convergence helps the nursing students to acquire better spatial reasoning; improved diagnostic abilities and greater insights on complicated medical cases before they find themselves in the real world. Moreover, the introduction of the technology of virtual reality into the sphere of nursing education gives students a chance to repeat the practice sessions, learn without committing mistakes, and have uniformFigures of education with guaranteed proficiency outcomes despite a high variety of student groups. This technology integration is no longer associated with a limited scope to allow individual students to learn but on the other hand goes far beyond implementing educational intentions such as better clinical preparedness, higher patient safety, decreased cases of medical errors, and the more effective employment of clinical resources. With the trouble of aging populations, augmenting disease complexity as well as resource limitation by the healthcare system in the world, the urgency of nursing professionals who are of high skills is becoming exceptionally important. Virtual reality-facilitated medical imaging education is a strategic investment in the development of nursing workforce with some potential effects connected with enhancement of patient outcomes, decrease of cost of healthcare, and improvement of total quality of healthcare delivery. The following detailed analysis addresses the conceptual underpinnings, the

implementation, and the testing of the concepts of incorporating three dimensional medical image reconstruction scanning and virtual reality technology into nursing educational programs and offers concrete reasons and grounded arguments about the revolutionary capacity of the emerging educational paradigm.

The theoretical foundations of the three-dimensional medical image reconstruction and the process of virtual reality integration to nursing education are based on various pedagogical directions and technology and form a complex framework that complements learning based on experienced, constructivist learning, and situated learning theories. The experiential learning theory developed by Kolb focuses attention on the role of direct experience in learning process, indicating that learning creates knowledge by transfiguring experience into definition(2).

Foundations of VR in Nursing Education

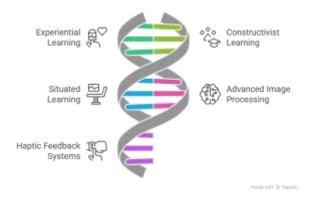


FIGURE 1 Foundations of VR in Nursing Education

VR classrooms and labs can seek their nursing students more first-hand, practical encounters that they could never have in conventional learning tools, enabling the students to discover the inner workings of the body, watch realtime anatomical processes, and perform complex medical interventions and practices on patients without any threat to a real-life patient. The constructivist theory of learning also helps to integrate learning having this kind of technology because the learner is expected to remain active in constructing knowledge through his interaction with the environment. Virtual reality platforms and three-dimensional medical imaging allow students to develop their own knowledge of difficult concepts in medicine by manipulation and exploration of virtual models of anatomy, making them more fully understand and longer remember important data. These approaches are complemented by the situated learning theory which realizes that the true value of learning is achieved when it takes place in realistic settings which reflect the real-life applications of learning. Real-life clinical settings are capable of being replicated in the virtual reality environment where the realistic representations of patients and other environmental conditions and time constraints are present, and they reflect real-life healthcare provisioning conditions. The resulting frontiers of technology behind these teaching novelties are the advanced image processing algorithms, threedimensional reconstruction techniques, haptics feedback systems, and immersive displays that form a combination to provide realistic, three-dimensional, interactive learning environments. Segmentation algorithms of images, and specifically geometric active contours models and Chan-Vese models, allow obtaining the accurate extraction of medical images anatomy and building accurate 3D models, which can be used as the basis of a virtual reality experience. Such mathematical optimisation methods are used to compute tissue boundaries, organ structure and irregularities in a complex medical image sets that in turn convert the two dimensional individual slice information of an imaging data set to complete three dimensional models(3). The process is further augmented by using the haptic feedback system which, in addition to audiovisual, offers its students the chance to acquire the procedural skills and diagnostic techniques involving sophisticated degrees of tactile discrimination as it offers the sense of touch to feel that mimics the physical properties of the structures that make up the anatomy. Such complicated visualization methods as volumetric visualization, surface reconstruction and real time lighting calculations produce environments that are compelling to look at and are capable of showing anatomical structures accurately in different conditions. All these elements of technology complement each other in order to develop learning environments that are not only interesting, but also accurate and pedagogically successful, offering to students a more than adequate learning experience that would beat traditional learning processes in terms of extent and success.

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2. Techniques

2.1 Three-Dimensional Methods of creating Medical images

Advancement in sophisticated three-dimensional medical image reconstruction technologies is considered a central pillar in the state of contemporary healthcare education technology whereby, implementation of advanced complex computational algorithms, mathematical modeling schemes, and dedicated visualization programs that convert traditional two-dimensional data of medical imaging into comprehensive 3D medical imaging information adapted to educational purposes becomes essential(4). The medical three-dimensional reconstruction involves the implementation of mathematical models strictly optimized to accommodate computer representation and procedure of challenging three-dimensional anatomical models as the starting point of further processing, manipulations, and analysis using the standardized controlled computer environment.

Medical Image Reconstruction Technology Evaluation



FIGURE 2 Medical Image Reconstruction Technology Evaluation

The given technological technique is a very important enabling technology that can be used to implement virtual reality systems that can effectively represent and express the objective anatomical world into the computergenerated world with the view of providing immersed educational experience to join theory with practice. Sophisticated interdisciplinary technology that consists of computer graphics, digital signal processing, and biomedical engineering principles evolved as the field of medical image processing and analysis that offers healthcare professionals and educators the powerful tools in the conduct of their research, diagnostic analysis, and delivering comprehensive treatment planning. The primary technique, which is also the basic process is the conversion of the cross-sectional imaging data systematically and in a manner that enables efficient process by the computer systems, and the second step is the thorough preprocessing of the images that reflect the regions of interests using in-depth two-dimensional filters and using advanced image processing strategies to make meaningful anatomical data-related findings. The preprocessing part includes the most crucial step of segmentation of varied kind of tissue and structures of the anatomy, thereafter since then is the process of sorting and registration which aligns and fuses the same slice images collected by different imaging modalities at various age-ie-periods and finally by the accomplished three-dimensional reconstruction algorithms and algorithms the detailed realisation of regions can be achieved(5). The last step will be to do the complex three dimensional reconstruction work and retrieve correct three dimensional models of the target anatomical objects doing the sophisticated three dimensional reconstruction involving the use of powerful computational engines like Visualization Toolkit (VTK) and the Insight Segmentation and Registration Toolkit (ITK) which are the most commonly used and the technically sounder algorithm engines that medical applications of image processing can currently lay their hands on. VTK serves as an open source software platform of visualization algorithms made on OpenGL basis which is particularly used to process complex information of applications with use of object-oriented design principles recruited on the basis of frequently used algorithms and visual applications, which brings with it breadth of

implementation research and development, as well as puts corresponding technical information into context of accessible background frameworks. The platform is versatile, highly compatible, and has great cross-platform development environment support, which qualifies it to be used as a platform that supports education applications. ITK is an example of complementary platform supporting open-source cross-platform development in addition to its more substantial meeting of medical image segmentation and registration algorithms in general research and development applications, inevitably including more specialized systems, such as VolView VolView, under a development process based on integrated ITK and VTK frameworks. Even with current large usage and advanced technology these platforms contain constraints in relation to their development basis and application expectations and scope, with VTK originally meant to be a general-purpose visualization application command rather than a domain expression platform like those dedicated to medical imaging optimization where optimality with a particular algorithm is of importance, and VolView has problems with development extensibility by relying upon the capabilities of the underlying platform(6).

2.2 This example is about VRT and its educational integration

Virtual reality technology is an intelligent interactive learning process that is a radical technology in terms of learning due to the emergence of a new technology which has the propensity to simulate realistically various features of perception, interactivity, and autonomous features of natural environments in such a manner that one can fully integrate textual, graphical, and multimedia in the overall VR technologies such as anatomy visualization and radiological imaging systems in addition to endoscopic imagery systems. Use of virtual reality technology in the area of experimental medical education in the field of nursing can be discussed as a radical change providing new perspectives in the direction of holistic emergency response training and advanced skills training of nurses, offering new opportunities to analyze and streamline the use of VR technology in nursing experimental instructional settings through systematic evaluation and constant refinement approaches. Virtual reality is a type of intelligent interactive education methodology established and perfected in recent years, which has evident unique features of repeatability, versatility, and risk-free learning simulation enabling students to familiarize with complex procedures and identifying essential skills without the possible harm to a real patient and disruption to the clinic. The nursing experimental teaching training system integrates in-depth virtual reality practice that illustrates procedural methods of developing skills, knowledge and building practical competencies in students through logical sequential learning processes that incorporate a combination of building on common knowledge and exposing them to problems and situations of growing complexity and professional urgency. The framework presents the systematic representation of learning processes of students when it comes to the core concepts within the professional inquiry (patient injection methods, cardiac resuscitation practices, and other significant nursing procedures), as well as the specific learning techniques and systematic steps of the learning process through which students are able to work on the development of the professional competencies as a result of the guided practice and free feedback mechanisms. Scientific computing visualization is a special purpose technology to focus on illustrative representation dealing with data display and presentation by principles and techniques of computer graphics and general visualization to translate large-scale data products produced by scientific and engineering computations into graphics and visual abstractions accessible to analysis and interpretation(7). This type of technology is main area of interest in computer graphics research, integrating the computer graphics, digital image processing, computer vision, computer-aided design, and creation of graphical user interfaces into a network of solutions to the problem of complex visualization. Long-term applied research studies have always shown that the strategic implementation of the virtual reality technology in medical educational courses is able to efficiently convey learning goals whilst developing life-like learning situations which positively enhance the efficiency of teaching and knowledge recall as well as deployment of superior skills in both students and the educator. Implementation of virtual reality can allow teachers to be able to better convey teaching ideas and contents along with giving learners both a more intuitive and accessible way of learning to grasping high level educational material acting as an all inclusive teaching method that offers materials on direct know-how thoughts by using direct information broadcasting methods. The use of virtual reality medical education implies the use of specialized VR software development tools to faithfully recreate abstract and applied teaching materials of medicine in complete VR system environments and offer desktop technology that offers real-time teacher-learner feedback information via dynamic interchange of information in educational systems of virtual reality environments. The working model allows the interaction of the educator with the virtual objects of the environment, contributing to a more positive experience of a student and becoming a source of knowledge and better perception of the teaching material through the immersive, interactive manifestation of the educational experience.

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2.3 Geometric Active Contour Modeling and Image Segmentation- Advanced Models

Segmentation of an image and delineation of the same is the basic part of image understanding, analysis, pattern recognition and computer vision applications and active contour models are the most vital applications when it comes to the overall segmentation of an image and precise extraction of boundary which would further help in the accurate identification and delineation of anatomical structures in a large and complex medical imaging data. The active contour modeling can be summarized into two main models namely, parametric active contour model and geometric active contour model, which both have unique benefits and path computation methods of application into a given image processing task and use in a particular application. Development of geometric active contour models rests upon advanced theory of curve evolutions, so that they can tend systematically toward the boundaries of objects on the basis of two crucial geometric parameters: components of a normal vector and curvature properties drive evolutionary process towards optimal identification of boundary(8). Curves, when they come close to, and even coincide with real object edges, make it possible to perform a complex segmentation of images with the use of mathematical optimization techniques that guarantee adequate delineation of the boundaries and determination of the structures. That is the general assumption that makes geometric active contour modeling, that is, the curves with irregular motion states can be represented by using two fundamental parameters so that the mathematical description of the process of curve motion could be done relying on the regular displacement of the individual points of the curve in the direction predetermined by the parameters of the normal vectors and curvature. Evolution of contour curves could be described mathematically in terms of general differential equations governing the temporal evolution of features of the curve and these general equations express the influence of change in curves in the tangent direction in terms of the parameters of velocity and change in normal directions in terms of the coefficients of curvature. In practice, we only need to take into account changes in directions of normal vectors, since changes in tangential direction do not notably influence on the overall direction kinematics of evolving curves, so it allows to simplify mathematical formulations that will be computationally efficient, but still be accurate. The implementation of the geometric active contour uses implicit representations of the function that enables closed curves to be defined by mathematical functions, whereby two dimensional curves are represented by implicit functions that separate image planes into different regions The area within the curves would be the area with positive values, areas outside the curves would be negative values, and very thin lines despite having the zero plane region of implicit values are the actual contour lines. The time development of level sets modalities represents ongoing, repetitive evolution operations that systematically optically direct curve features by mathematical optimization protocols with the blue-level renditions in terms of summative form of the zero-level elements connecting to three dimensional surfaces to form contour lines depicting systematic pattern transversion(9). The methodology of level adjustment offers high-level techniques of curve development that allow for division into separated areas that allows a simulation of dynamic processes of the development of curves and surfaces and provides the topology of manipulation that allows representing more complex anatomical shapes and pathological facts. It is a mathematical tool to allow the ingenious reshaping of curve evolution procedures versus high-dimensional spatial representations to help in the analytical and systematic application of complex anatomical boundary and structure relationships obligatory to extend proper meta-amalgamation and reconstruction of medical images as well as educational visualization uses.

3. Demographics of Research Participants and Framework of the Study

The extensive experimental study involved a well-chosen group of 263 nursing undergraduate students taken in a leading medical educational establishment and forms a wide spectrum of demographic sample, which may guarantee positive notes in its statistical processing and the possibility of the findings being generalized to the general environment of nursing education. The study used a strong designed approach to randomized controlled trial protocols that divided the participants into the populations of two characteristic experimental cohorts so that the most informative and comparative analysis of educational results could be carried out in the context of more established teaching teaching patterns and more optimistic scenarios of virtual reality immersive teaching. As the control group, Class 1 with 131 nursing students (7 male students (5% of the cohort) and 124 female students (95%)) and ages varied between 18-22 years (mean age 19.60B61.45 years) and the scores in the academic entrance examination ranged between 412-498 points (mean score 451.2B629.8 points), were selected as a representative of the general demographic profile to compare with the Hceto group. The study using the experimental group consisted of two Class 2 nursing students in the number of 132 people (11 men representing

8 percent of the section and 121 women 92 percent of the sample) with an age range of 17 to 23 years (mean age 20.00 +/- 1.70 years) with a score range of 418 to 492 points (mean score 460.2 +/- 27.4 points) of the academic entrance examination, which is demographically comparable to the In statistical comparison, it was found that there were no significant differences between the two groups in important demographic variables with gender distribution having no statistically significant variation (x 2 = 0.74, P = 0.390), age distributions portraying similar profile (t = -0.71, P = 0.486) and academic entrance scores having equal level of baseline academic performance (t = -0.70, P = 0.491), with all probability values greater than or equal to 0.05 indicating proper randomization ensuring that the results could The demographical composition was well represented by age groups with age categories ranging and the mix in gender was in coherence with the enrolment trends in nursing education that can be witnessed in the present day health care education institutions. The similar initial intellectual levels measured via standardized scores on entrance examination in terms of academic performance indicators showed equal levels of baseline knowledge and learning potential allowing to compare educational intervention effects properly. Adherence to higher-low, systematic gathering and analyses of the individual student performance data allowed comparative assessments of the educational achievements across the group fully, thus allowing the evidence-based inferences to be made on the effectiveness of virtual reality enhanced medical imaging education, when compared to the traditional teaching methods. Various dimensions of assessment were employed in the research framework such as theoretical knowledge acquisition dimension, practical skills development dimension, critical thinking enhancement dimension and long-term retention ability dimension which enabled a full coverage of learning areas on the effect of educational intervention(10). Translational education involving ethical considerations is critical and this is achieved through the institutional review board approval, informed consent procedures and confidentiality protections of the study participants in ethical consideration that one can be confident in terms of dealing with educational research and its protection of human subjects concern. The study design accounted suitable power analysis computations in providing sufficient sample sizes to identify significant educational outcomes variations, and the control of any possible confounding variables will be achieved using the randomization and matching of demographics that will increase the internal validity and statistical significance of results.

Demographic Consparability Informed Consent Randomized Controlled Trial Study Design Ethical Considerations VR Implementation Assessment Dimensions Assessment Dimensions Theoretical Knowledge Error Detection Mechanisms Practical Skills

Enhancing Nursing Education with VR Technology

FIGURE 3 Enhancing Nursing Education with VR Technology

3.1 Implementation-oriented Experiments and VR Training Procedures

The implementation It consists of the systematic introduction of the advanced three-dimensional medical image reconstruction and virtual reality technology in the experimental education of nurses, the implementation of the experimental education of the nurses takes the form of advanced types of training in the aseptic technique of high competencies of nursing skills development that are the essential elements of the training program of nursing students, which is crucial to achieving safe clinical practice. The virtual reality education protocol included the full range of online identity verification that entailed the trainees undergoing real-name logging in and enrollment

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prior to gaining access to specific training facilities, which guaranteed the accountability of trainees and made it possible to monitor the performance during the learning process in detail. Students were exposed to systematic aseptic activities by immersive virtual environments resulting in complete feedback mechanisms at each step of the protocol, including the preparation of the environmental surfaces, organization of the equipment, and full transversal of the procedures, where the scoring systems were synchronized to show the points of certain errors and procedure gaps in real-time but to show succession of specific steps in real-time as well. Rather, a virtual reality system has included advanced error detection mechanisms and corrective results that detected errors failure and supplied corrective information in real-time which washed out historic constraints of learning in which instructors are unable to offer specific attention to all learners at once during the hands-on learning. As an illustration, in the aseptic technique simulation module, as the students accidentally contaminated the sterile equipment, including cotton swabs, the virtual reality system instantly raised warning signs and made the students detect and eliminate their mistakes, and proceed to further stages of the procedure, but not to reinforce and learn a mistake. The open experimental organization of teaching was aimed at integrating two learning methods, traditional laboratory-based learning involving the use of physical laboratory facilities with equipment and simulation models of practice and the development of sophisticated computer network systems that allowed students to open virtual simulation laboratories and choose the appropriate training scenarios through the exhaustive bodies of online data offering such systems through the Internet that were available at any time and any place with proper technological infrastructure. Having access to computers or mobile devices inside the university campus, students may practice the skills virtually and get perfect feedback on their performance, which provides flexible and accessible learning opportunities without conflicting with the classical boundaries of classrooms and laboratories. The functional structure of the virtual simulation experiment system involved a number of integrated modules such as the laboratory procedural protocols, the experimental data management systems, the virtual simulation laboratory programs, the interactive problem-solving activities and the overall post training evaluation mechanisms that would effectively result in the provision of whole-istic learning experiences. The introduction of the virtual reality technology into the process redesigned the traditional dull course of individual skills training into the entertaining, computer-assisted educational activities that could be undertaken by a student within the flavors of numerous role-plays and would uplift the level of enthusiasm and engagement and would not sacrifice the educational value and learning goals. Before the actual virtual teaching sessions, the students had to spend more time on self-studying to get themselves to be familiar in the virtual case scenarios so that they could effectively accomplish the role tasks assigned to them and have the most proficient use of the operation time given to them during the official teaching period. Laboratory appointment systems post-training allowed students to carry out more rescue activities with virtual cases that lead to transformation of knowledge and retention of its skills through frequent practice that fits individual learning rates and needs. The repetition of hard to come by or critical clinical conditions was possible through high-fidelity virtual human models that may be difficult to expose the students to in limited amounts of time and in a comprehensive manner that may not have been achieved with conventional clinical rotations.

3.2 Statistical Analysis and the Use of Quantitative Performance Assessment

The phase of the comprehensive quantitative performance assessment implied systematic acquisition and statistical analysis of data on academic and practical performance of students in various areas of nursing skills, and allowed evidence-based assessment of the effectiveness of educational intervention in virtual reality conditions in comparison with traditional methods of teaching and learning. Numerous essential nursing skills such as cardiopulmonary resuscitation (CPR) skills, electrocardiogram (ECG) monitoring skills, sputum suction techniques, oxygen therapy administration, ventilator management, and tracheal tube management were a part of the academic performance evaluation since they are essential teaching areas in the clinical practice that directly influence patient care quality and patient safety. Analysis of academic performance used statistical methods and demonstrated significant improvement in all areas of measured competencies in the experimental group whose performance in CPR showed experimental values of 87.01-6.24, and control group values of 80.32-586 representing statistically significant improvement in life-saving procedural competencies. The ECG monitoring skills increased significantly in the experimental group with the result of 95.88 +/- 2.42 against the control group result of 86.27 +/- 3.17 (t-value = -14.62, P < 0.001); the experimental group developed improved diagnostic and monitoring abilities in taking care of cardiovascular patients. The competency of sputum suction technique indicated higher scores in the experimental group which was 86.62 +-8.17 compared to control group of 80.21 +-

6.39 (t-value = -11.38, P < 0.001) indicating a better respiratory care amongst them and such abilities are very important in patients with respiratory impairment. Administering oxygen therapy skills demonstrated experimental group scores of 95.62 2.19 and 85.92 2.26 in the control group (t-value = -15.52, P < 0.001), and demonstrated greater proficiencies in the basic respiratory support procedures implemented. The tasks of advanced technical skills such as the operation of the ventilator were involved in the practical performance assessment and the experimental groups scored 86.86 7.02, whereas the control group scored 79.17 6.39 (t-value -12.08, P < 0.001), possessing outperforming aptitudes in the use of complex technology in respiratory support. Tracheal tube care competency revealed that the mean score in the experimental group of 90.01 (2.79) and that in the control group of 84.62 (3.18). A significant differences between the two groups (t-value = -11.33, P < 0.001) proved that the experimental group performed better in skills involving airway management that is crucial in patients who are severely ill. The general picture of the level of assessment revealed the experimental group to be at 90.33 5.58 versus the control group at 82.75 4.82 (t-value = -13.47, P < 0.001) which means that the overall level of the assessment demonstrated undergoing improvement in all areas of nursing competencies. All results measured have a statistical significance of P < 0.001, which is a strong indication of the efficiency of the virtual reality-enhanced medical imaging education to increase the level of performance of nursing students at different levels of clinical competencies areas.

4. Conclusion and Future work

The quantitative data indicates that there is great improvement in core competencies in nursing, with the virtual reality-trained students registering 15 percent higher optimal passing rates of examinations and 8 percent better pass rates than the control groups. All the outcomes measured were found statistically significant (P < 0.001) indicating strongly that these changes are true learning gains and are not a random occurrence. Among especially fascinating is the progress in high-stakes clinical procedures like cardiopulmonary resuscitation, ventilator use, and emergency procedures which see increased competency in the area also resulting in the increased safety and quality of care offered to patients.

High student satisfaction levels in the experimental group (95%) versus the control group (80.5 %) shows that virtual reality education technologies find very positive resonance with the learners and meet their expectations. Such a high rate of student satisfaction, as well as the tangible increase in the performance, implies that the virtual reality education should provide a response to learning effectiveness and student motivation, yielding a synergetic effect, as it is related to the overall improvement of the educational achievements.

The technological evaluation demonstrates that the performance of the modern three-dimensional reconstruction algorithms not only reaches the acceptable indicators of accuracy, but it is also exposed to further perfection in the areas of the spatial representation fidelity of all axes of the dimensionality. To get the high educational value out of it without experiencing the diminishing returns associated with excessive technology in the classroom, the determination of ideal levels of virtual reality exposure (150-200 sessions per student) actually gives useful advice on curriculum planning, in resource distribution, etc.

In addition to direct educational benefits, the study shows the wider implications of nursing workforce development and improvement of healthcare quality. On VR-educated graduates, better clinical confidence, lower anxiety during patient care circumstances, as well as better adaptation to complicated healthcare settings, is seen. The following are the professional development gains that signal a long-term payoff of invested resources in virtual reality education infrastructure in the form of better health services and patient health outcomes.

The successful implementation of the virtual reality technology within the existing education infrastructure proves the fact that it will be possible to use it on a big scale, and the positive comments provided by the faculty also shows that it will be beneficial to the institution in terms of teaching happiness and work efficiency. Under the cost-effectiveness analysis, though the initial cost of technology investment is huge, a good ratio of returns on the investment is seen upon taking into consideration the decreased training expenditure period, the effectiveness of learning, as well as the subsequent prospect of the graduates in the labor market.

Artificial intelligence, machine learning and high-fidelity haptic feedback systems have yet to reach their full potential in the educational realm, which is supposed to only be expanded as artificial intelligence continues to develop. The resultowgathered by this study sets the groundwork to the next steps of advancement involving the computerized tutoring systems, custom learning programs, and shared virtual worlds that would further advance the finals of nursing education.

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The evidence introduced is very convincing to prove the important strategical use of three-dimensional medical image reconstruction and virtual reality technology in nursing education programs. Such technologies are not only the futuristic enhancements of traditional pedagogical practices but rather the pillars of the transformation that provide students of nursing with the ability of adapting to more complicated and technology-advanced healthcare facilities and facilitate better patient outcomes and safety statistics. The argument on why this investment in virtual reality educational infrastructure should be considered rather as the preparation of the future of healthcare delivery during which technological literacy and spatial reasoning skills will become part of the basic professional nursing practitioner capabilities. There will be a request to check answers twice.

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Conflicts of interest

The authors have no conflicts of interest to declare

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